

HORA CHEFFER (Hora of Excavation)  
(Israel)

Choreography by Yonkele Dekkel

Music by S. Safra

Pronunciation: HO-rah (k)HEH-fehr

Music: Hadarim III, Side A, Band 4. 4/4 meter.

Formation: Line, face CW, join hds.

<u>Cts</u>	<u>Pattern</u>
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2 meas	<u>Introduction.</u>
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PART I. Facing CW

1-4	Run on L, R, L, R.
5-6	Cross-step-hop L over the R ft.
7-8	Cross-step-hop R over the L ft.
9-32	Repeat cts 1-8, so that you'll have a total of four sets.

PART II. Facing ctr

1-4	Step on L ft, cross-step-hop on R ft in front of L, while lifting L ft (big) over the R. Step L in front of R.
5-8	Reverse: step on R ft, cross-step-hop on L ft in front of the R, while lifting the R ft (big) over the L. Step R in front of L.
9-10	Run facing CW: on L, R.
11-12	Hora step to the L side .
13-14	Hora step to the R side.
15-16	Run facing CW: on L, R.
17-32	Repeat cts 1-16, Part II.

PART III. Facing ctr, hds on shoulders.

1-3	Leap on to L ft and hop in place two times, while lifting the R knee up (keeping knee motionless).
4	Leap on to R ft, while lifting the L knee up.
5-8	Repeat cts 1-4, Part III.
9-16	Repeat cts 9-16 of Part II.
17-32	Repeat cts 1-16, Part III.

Presented by Shlomo Bachar